

## SLU3A Group Notes, September 2020

### **Amblers 2**

We are starting walking again fortnightly from Thursday 3 September 2020. Like other walking groups we are restricting numbers to a maximum of 18, split into three separate groups in 'bubbles' of six people as per government guidelines. In view of this we are not able to accept any new members until government guidelines change.

### **Amblers 3**

We are going to try and start up again at the beginning of September and see how it goes. However, there will be no general car share at the moment.

### **Amblers 4**

We are walking carefully in groups of six only once monthly at present to allow time for any illness to become apparent before planning the next walk.

### **Amblers Plus 1**

We are not operating for walks at the moment due to concerns about Covid risks and route finding in small groups.

### **American History**

We await news about the availability of Abbot Hall Social Centre. Our programme of talks has been suspended but can become active again rapidly.

### **Architecture Appreciation**

All members are being contacted to inform them of the cancellation of meetings, at least until the New Year.

### **Art**

We are looking for suitable venues that will accommodate up to at least ten people, obviously at the recommended social distancing.

### **Artistic Licence**

We hope to restart our group sessions at the end of September/beginning of October 2020 at the Castle Street Centre.

### **Books on Tuesday**

We are resuming our meetings at Castle Street Centre but are limited to 12 members per meeting and are subject to certain restrictions.

### **Calligraphy**

The group is in recess for the summer but will not be resuming until meet-up procedures are determined and the Abbot Hall Centre is available.

### **Classic Films**

Meets at Abbot Hall Social Centre are not available until further notice.

### **Come Dine with Us**

Our fine dining group will meet again when Covid restrictions on large groups in restaurants are lifted.

### **Computing**

We are not able to meet for the foreseeable future.

### **Culture Trips**

Members are being emailed with information on online music events, ballet, opera, etc.

### **Cycling**

Informal WhatsApp groups have been established to which U3A Cycling group members can enrol.

### **Digital Photography**

We are currently inactive and will remain so until the Covid situation allows indoor meetings to resume.

### **Family History**

We usually meet between October and May so we have been quiet over the summer. All members are currently being contacted to find out if any wish to return to meetings at Castle Street, if they prefer to chat online or wish to give this winter a miss. Further information will be available shortly.

### **Folk Music**

We are contacting members with a view to restart following a recent trial showing singing produces no more water droplets from breath than talking.

### **French (Basic & Improvers)**

We have decided as a group not to meet until after Christmas as it is not viable to meet at Castle Street in the room we usually use. We are waiting for further developments.

### **Gardens (Friday 1)**

We probably will not meet up physically for usual group activities until 2021, and even then only when the weather permits an outside venue, and within the government guidelines for group numbers at meetings.

### **Indoor Bowling 1**

Strict Covid and cleaning procedures restrict indoor play. The situation will be reviewed later this year.

### **Indoor Bowling 2**

We are unable to play under current conditions.

### **Instrumental Music**

New members will not be able to join the group until we are able to play safely again.

### **Italian**

After meeting online since March the group was hoping to meet fortnightly at Castle Street on Wednesday mornings, alternating with Zoom sessions. Unfortunately, the new 'rule of six' means we will have to continue online only for the time being.

### **Jive**

Members and potential new members who have registered will be notified by email when we become active after Covid-19.

### **Listening to Classical Music**

As we meet in the coordinator's house, sessions will not be possible until further notice.

### **Local History**

In view of the large size of the group, it is unlikely to restart till at least early 2021. This follows advice from the manager of the Shakespeare Centre.

### **Mindfulness Meditation**

We will start up again when we can physically meet again at Castle Street.

### **Moving to Music**

Sessions will be run on Wednesdays on a trial basis at Castle Street with limited numbers, jointly with members of the previous Monday and Wednesday groups. If successful it is possible a second group may be set up.

### **Music Appreciation**

We are planning a group meeting for 13 October at the Unitarian Chapel, observing all the correct procedures of course and we will see how it works from there

### **Natural History**

We are not certain yet about resuming indoor lectures in October. We have kept members in touch by a monthly newsletter of local sightings and national natural history news.

### **Philosophy**

We are circulating correspondence and discussion topics, although not using online conferencing.

### **Poetry and Prose**

The topic in September is 'History' and in October 'Mystery'. We will choose new topics at the September meeting.

### **Psychology**

We are considering how we can move forward in the current situation.

### **Ramblers**

We have been operating on a restricted basis since August in accordance with government guidance and Covid-19 protocol for groups meeting outdoors. Only one walk per month is currently planned. The maximum number of walkers on a ramble is set at 18 at present. On the walk, we divide into sub-groups with a maximum number of six people in each, and keep a distance of 50 metres between the other sub-groups. As we are unable to car share so concentrate on offering walks within a short distance of Kendal where there is plenty of parking. Members must register their interest in advance, make their own personal risk assessment before going on a walk and by subscribing to the walk give their agreement to abiding by the safety protocol adopted in line with Covid-19.

### **Ramblers Plus**

We are operating as a non-U3A peer-to-peer ad hoc walking group, communicating via WhatsApp.

### **Saturday Lunch Club**

The only booking in the future is the Christmas lunch at the Netherwood in Grange. This is on Saturday 28 November. This is open to all U3A members. Names will be taken for this in October so please send an email to [Christina Jones](mailto:Christina.Jones@u3a.org.uk) if you wish to attend.

### **Singing for Fun**

We are not meeting at present, although looking forward to being able to do so once again.

### **Table Tennis (Doubles)**

We are only playing singles at present.

### **Table Tennis (Singles)**

We will be starting up on Wednesday 9 September with restricted numbers.

### **Tai Chi 1 (Advanced)**

Our first proper meeting will be at Castle Street Centre on Friday 3 October. We are only accepting new members with experience of Tai Chi.

### **Tai Chi 2 (Improvers)**

See entry for Tai Chi 1 (Advanced).

### **Tennis**

It is great to be out in the fresh air and to have people to play with.

### **Tuesday Walkers**

When the group resumes, we will be walking Wainwright's Way, from Blackburn, Wainwright's birthplace, to Buttermere, via Haystacks, which is where his ashes are scattered. In undertaking this walk, we will be following the published guide book, but these walks are not recced in advance and we are currently awaiting clarification from the Third Age Trust secretariat as to whether or not non-recced walks are compliant with their insurance policy.

### **Wine Appreciation 1**

Due to the very social nature of our group it is not possible to continue for the foreseeable future. Online/virtual meetings are not suitable. We are reaching out to our members on a regular basis.

### **Wine Appreciation 2**

With the continuing restrictions and the need for social distancing the group will not be meeting until circumstances change. Hopefully this will be too long in happening. All current members will be contacted once a restart is possible.

### **World History**

We are awaiting clear information from U3A committee regarding resuming indoor activities. In the meantime we aim to resume meeting on Zoom on Monday 5 October at 2.00 pm.

### **Writing for Pleasure**

Coordinators are investigating ways of having meetings.

PMD  
15/09/20